

# CREW FIT & CARE

## LADIES' SHIRT & PANT/SKIRT/SHORTS/SIZING:

Shirt Size	XS		S		M		L		XL		2XL		3XL		4XL		5XL	
Pant Size	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36
Bust	33	34	35	36	37	38½	40	41½	43½	45½	47½	49½	51½	53½	55½	57½	59½	61½
Waist	26½	27½	28½	29½	30½	32	33½	35	37	39	41	43	45	47	49	51	53	55
Hip	36	37	38	39	40	41½	43	44½	46½	48½	50½	52½	54½	56½	58½	60½	62½	64½

Approximate height guidelines for ordering the correct ladies' pant length:  
 5'6" and under: 28" inseam | 5'7" to 5'10": 31" inseam | 5'11" to 6': 33" inseam

## MEN'S SIZING:

CREW PANT	Waist	27	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50	52	54
	Approximate height guidelines for ordering men's pant length: 5'6" or less: 30" inseam   5'7" to 5'10": 32" inseam   5'11" to 6': 34" inseam   6'1" to 6'3": 34" inseam																		

## UNISEX SIZING:

SHIRTS	Sizes	XS		S		M		L		XL		2XL		3XL		4XL		5XL				
	Men's Chest	32		34-36		38-40		42-44		46-48		50-52		54-56		58-60		62-64				
	Ladies' Bust	30-32		33-36		37-40		41-44		45-48		44-52		53-56		57-60		61-64				
CARGO PANT	Men's Waist	25	26	27	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50	52	54	56
	Ladies'	-	-	-	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	-
	Hip	33	34	35	36	37	38	39	40	41½	43	44½	46½	48½	50½	52½	54½	56½	58½	60½	62½	64½
Approximate height guidelines for ordering ladies' pant length: 5'6" or less: 28" inseam   5'7" to 5'10": 30" inseam   5'11" to 6': 32" inseam   6'1" to 6'3": 34" inseam   6'4" or over: 37" unhemmed inseam																						

## WHEN SHOULD LADIES ORDER A UNISEX CREW SHIRT?

Ladies' shirts are contoured and unisex shirts are not. You should order unisex if you prefer a looser fit and a straight bodice. Ladies' under 5'2" may prefer the ladies' fit, so your shirt isn't too long.

# MANAGER FIT & CARE

## LADIES' SHIRT & PANT/SKIRT/SHORTS/SIZING:

Shirt Size	XS		S		M		L		XL		2XL		3XL		4XL	
Pant Size	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Bust	33	34	35	36	37	38½	40	41½	43½	45½	47½	49½	51½	53½	55½	57½
Waist	26½	27½	28½	29½	30½	32	33½	35	37	39	41	43	45	47	49	51
Hip	36	37	38	39	40	41½	43	44½	46½	48½	50½	52½	54½	56½	58½	60½

## MEN'S SIZING:

PANTS	Waist	27	28	29	30	31	32	33	34	36	38	40	42	44	46	48	50	52	54	56	
	Approximate height guidelines for ordering men's pant length: 5'7" or less: 30" inseam   5'8" to 6': 32" inseam   6'1" or over: 34" inseam																				
SHIRT	Neck	13½	14	14½	15	15½	16	16½	17	17½	18	18½	19	19½	20	20½	21				
	Chest	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62				
	Sleeve	-	-	32/33	32/33	32/33	32/33	32/33	32/33	32/33	-	-	-	-	-	-	-				
	Length	-	-	-	34/35	34/35	34/35	34/35	34/35	34/35	34/35	34/35	34/35	34/35	-	34/35	-	34/35			
	Options	-	-	-	-	-	36/37	36/37	36/37	36/37	36/37	36/37	36/37	36/37	-	36/37	-	36/37			

## HOW TO MEASURE

Take all measurements over undergarments using standard measuring tape.

**Chest:** Place measuring tape under the arms and measure the distance around the shoulder blades and the fullest part of the bust/chest. Hold measuring tape in a relaxed, straight line. Do not hold the tape too tight.

**Waist:** Place measuring tape around the natural waistline.

**Low Hip:** Stand with feet a few inches apart and measure around the fullest part of your hips wearing your undergarments.

**CHEST**

**WAIST**

**HIP**

